

# 2020-2021 GIRLS SPORTS PERFORMANCE VOLLEYBALL

## High School Level (starts on September 10th)

**SIGN UP NOW! (Limited spots available)**

- 9th Grade (120 spots available)
- 10th Grade (72 spots available)
- 11th - 12th Grade (96 spots available)
- 3 practices per week 2.5 hours per practice
- 2 x lifting/physical training per week (starts on Sept. 9th)
- \$250 per month (does not include apparel or tournaments)
- Practice Days: Thursday, Friday, Saturday
- Lifting Days: Monday & Wednesday

## Junior High Level (starts on September 9th)

- 6th (Elite Players Only) 7th & 8th Grades (192 spots available)
- 3 practices per week 2.5 hours per practice
- \$225 per month (does not include apparel or tournaments)
- Practice Days: Monday, Wednesday, Saturday



- High school level season; September - mid February/ May - June
- Teams selected once event schedules can be finalized
- Players will be billed monthly due to COVID restrictions. Once event schedules become finalized, the yearly budget for events and travel will be put in place.
- Practices will consist of 1x per week specific position training 2x per week group training, component, and intra-squad competition
- Junior high level season; starting in September with players billed monthly until events and junior high schedules have been finalized

**World Class Training \* National Championship Level Coaching \* Great Facilities \* Focus On Player Development Over Team Success**

# 2020-2021 GIRLS GLC ELITE VOLLEYBALL

**SIGN UP NOW! (Limited spots available)**

## **GLC Elite High School Fall-Winter Session** September 9th - February 15th

- 9th - 10th Grade (40 spots available)
- 3 practices per week 2 hours per practice
- \$200 per month (does not include apparel or tournaments)
- Practice Days: Monday, Wednesday, Thursday



## **GLC Elite Junior High Fall Session** (September 9th - November 30th)

- 7th & 8th Grades (96 spots available)
- 2 practices per week 2 hours per practice
- \$150 per month (does not include apparel or tournaments)
- Practice Days: Monday & Wednesday

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REGISTER <https://greatlakescenter.com>

For more information contact [LUKE@GREATLAKESCENTER.COM](mailto:LUKE@GREATLAKESCENTER.COM)