

2020-2021 Sports Performance Boys Volleyball NATIONAL PROGRAM HIGH SCHOOL TRYOUTS



Date: Sunday, August 30th, 2020

Site: Great Lakes Center, 579 N. Oakhurst Drive, Aurora, IL

Tryout Fee: \$30.00

15's & 16's (Freshmen & Sophomores)

Time: 8:30am Check-in

9:00am-12:00pm Physical Testing,
Skill Evaluation, Player Selection,
and Short Meeting

17's & 18's (Juniors & Seniors)

Time: 1:00pm Check-in

1:30 – 4:30pm Physical Testing,
Skill Evaluation, Player Selection,
and Short Meeting

Two-Step Registration Process

1. **SPVB Online Registration:** Available <https://greatlakescenter.sportngin.com/register/form/315433180>
2. **USAV Online Registration:** Available after September 1, 2020 at <http://greatlakesvolleyball.org/wix/index3.cfm?action=registration> . In order to attend a tryout for **ANY** Club, prospective athletes must be registered with the Great Lakes Region for the upcoming 2020-2021 season. USA Volleyball requires each athlete to purchase a \$10.00 membership fee to cover the athlete at any USAV/Great Lakes Region tryout. Please bring proof of this tryout registration with you to your tryout. If you previously were a member of USAV during the prior season (2019-2020), an additional tryout membership is not required. Just bring proof of membership to the tryout. Please check our website for updates on the USAV registration process. Athletes will register for the age they will be on **July 1st, 2021**.

There will be a mandatory Parent/Player meeting for players selected for the 2020-2021 SPVB Boys National High School Season that will be held Tuesday, September 1st, 2020, 6:00pm at Great Lakes Center.

Practice, conditioning and lifting schedules will be handed out, tournaments, travel, uniform fee and program costs will be discussed at this meeting.

**2019 USAV Boys 18 USA National Runners-up - 2019 USAV Boys 18 USA Bronze Medalists
2019 USAV Boys 15 Open National Runners-up - 2019 AAU 14 & Under Boys Bronze Medalists
2018 USAV Boys 18 USA National Champions - 2018 AAU 14 & Under Boys Bronze Medalists
2017 USAV Boys 16 Open National Runners-up - 2017 AAU 14 & Under Boys National Runners-up
2016 AAU 14 & Under Boys National Champions - 2016 USAV Boys 18 Open National Runners-up
2016 USAV Boys 16 Club Bronze Medalists**

Sports Performance has sent 94 players on to play at the collegiate level in the last 5 years!

23 of the Top 50 Players in Illinois Boys Volleyball history are alumni of the Sports Performance program according to ilprepvb.com.

Sports Performance Frequently Asked Questions

When does the High School boys' volleyball club season run?

The club season begins in early September and continues through the end of February. The boys return to club in June following their spring high school season. The season concludes with the USA Volleyball Boys Junior National Championships in July 2021 for teams that qualify in the "Open" or "USA" divisions and for teams that want to enter the Club Division that does not require a qualifying bid.

How does Sports Performance view participation in other sports?

Sports Performance has no restrictions on playing other sports but it is expected that players attend volleyball practices if there is no conflict with high school sport. It is often best if athletes only play a fall high school sport as winter sports have too many conflicts with practices and competitions.

How often does the High School Program practice during a week?

The high school program practices three to four times per week throughout the season. Sports Performance athletes will participate in a supervised strength and conditioning program 1-2 times a week before or after their scheduled practices. The program includes speed and agility training, jump training, core and balance training, and functional strength training. This program is designed for the most serious players that aspire to play at the college level one day.

How many tournaments a month does Sports Performance participate in and where are they located?

On average our teams participate in 2 weekend tournaments a month. The tournaments are held at the Great Lakes Center and around the Chicagoland area. We enter our teams into two USA Volleyball National Qualifiers, which may require travel. **All teams** that qualify in the "Open" or "USA" divisions will also participate in the USA Volleyball Boys Junior National Championships in in July 2021.

What are the membership costs?

The 2020-2021 membership costs will be provided to the players that are selected to our program following the tryout process. The cost of the membership for the 2019-2020 season (7-8 months) was \$2500 (17s/18s) and \$2400 (15's/16s). This did not include the uniform package, and out-of-state travel tournaments. We offer payment plans for membership dues.

How many teams does Sports Performance field per age group?

In the past, we have formed 7-8 teams at the 18s/17s, 4-6 16s, 2-4 15's age groups for the full club season. Each team will have 10 - 12 players.



Sports Performance is the #1 Recruited Boys Volleyball program in the nation!!

We look forward to having you attend the Sports Performance tryout and if you have any questions or are unable to attend due to a prior commitment please contact

Troy Gilb, SPVB Boys Director, at troy@greatlakescenter.com

630-898-6400 (office)

630-898-1874 (fax)

www.greatlakescenter.com/spvb-boys-program/