

2020 Athletic Performance Center Summer Camp Guidelines

Our plan is guided by the following

1. The CDC has concluded: For teenagers, COVID-19 is much less of a risk than the seasonal flu.
2. The CDC has recently stated: "The virus spreads easily between people. The virus does not spread easily in other ways to humans, such as from surfaces, objects, or animals."
3. We urge CAUTION & COMMON SENSE!
4. Stay up to date with information from the CDC at <https://www.cdc.gov/coronavirus/2019-ncov/covid-data/covidview/index.html>

All facilities and staff will adhere to recommended local as well as CDC guidelines to keep the camp environment as safe as possible. Our staff is working directly with the hosting facilities to confirm the specific guidelines for each facility. We will be sending updated information for each camp to all participants to confirm specific details and updated instructions and guidelines for all locations and facilities. Please stay safe and know we are looking forward to a great 2020 camp season.

Guidelines

We will be using the "Group of 10" guidelines in the following manner

- There will be 10 or fewer players on a court during each session.
- Players will stay on the same court for the entire camp session.
- Each camper will enter the facility through their designated entrance, go through their camp session, and then leave the facility through a specified exit before the next camp session of players enters the building.
- Parents will not be able to watch the camp sessions.
- Staff will be in front of the facility following each session to assist with check-in.
- Wash hands when come in facility
- No masks required right now but I recommend staff wear them when in close contact. When giving instruction from afar no.
- We will have all entry and exit doors open as campers enter and exit, so no one has to touch a door to enter or leave the building.
- Balls will be cleaned after each session with a defogger and disinfectant specifically made to kill COVID-19.
- Campers must bring their water and hand sanitizer (all drinking fountains and vending machines will be turned off.

IMPORTANT

- If you have a fever, cough, or are not feeling well, please **DO NOT** attend practice! (This goes for camp coaches as well).
- Campers are allowed to wear a mask if you feel it is necessary for your child to participate in the camp.
- Please wash your hands or use hand sanitizer before entering the gym or after using the restroom.

If you have any questions or concerns, you can contact the office at (630) 898-6400.

Looking forward to having a great camp season!

2020 Sports Performance Camp coaching staff