

GLCYA Age Breakdown

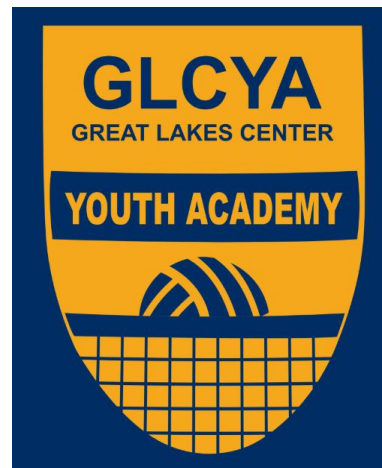
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**Boys in 5-8th Grade should sign up through
the SPVB Boys Middle School program

<https://greatlakescenter.com/spvb-boys-program/>

Visit the Volleyshop to purchase GLCYA apparel for the 2021-2022 season:

<http://volleyshopglc.com/teams/glcya/>





GLCYA Volley Tikes and Volley Tots

TM



Volley Tikes: 3 years old through Kindergarten Co-Ed
Volley Tots: 1st-2nd Grade Co-Ed

A motor development program centered around developing quickness, jumping, overall coordination & agility, hand-eye skills and throwing ability.
The training takes place in a 60 minute program where the emphasis is on "FUNdamentals"

Session #1/September & October	Practice Day	Time	Cost (does not include t-shirt)
Session #1S: September 12th, 19th, 26th, Oct 3rd, and 10th	Sunday	1:00-2:00pm	\$75 / 5 week class
Session #1M: September 13th, 20th, 27th, Oct 4th, and 11th	Monday	4:30 - 5:30pm	\$75 / 5 week class

Register at

<https://greatlakescenter.sportngin.com/register/form/770595623>

Session #2/October & November	Practice Day	Time	Cost (does not include t-shirt)
Session #2S: October 24th, November 7th, 14th, and 21st (No Class 10/31)	Sunday	1:00-2:00pm	\$60 / 4 week class
Session #2M: October 25th, November 1st, 8th, 15th and 22nd	Monday	4:30 - 5:30pm	\$75 / 5 week class

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GLCYA Level 1

3rd-4th Grade Co-Ed



At this level players begin to develop the foundation skills for volleyball including underhand passing, overhand passing, attacking and serving. Small sided drills and games are used to maximize high quality repetition. Competition is played on a smaller court with 3-4 players to ensure that all players develop proper fundamentals and movement skills while learning to play all positions. We want each player to learn each skill equally well and avoid any and all specialization at this age.

Session #1

Practice Day

Time

Cost (does not include apparel)

September 12th, 19th, 26th, October 3rd, and 10th	Sunday	2:30-4:00 pm	\$105 / 5 week class
September 13th, 20th, 27th, October 4th, and 11th	Monday	5:30-7:00 pm	\$105 / 5 week class
September 14th, 21st, 28th, October 5th, and 12th	Tuesday	5:30-7:00 pm	\$105 / 5 week class

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Session #2

Practice Day

Time

Cost (does not include apparel)

October 24th, November 7th, 14th, 21st (No Class 10/31)	Sunday	2:30-4:00 pm	\$85 / 4 week class
October 25th, November 1st, 8th, 15th and 22nd	Monday	5:30-7:00 pm	\$105 / 5 week class
October 26th, November 2nd, 9th, 16th, and 23rd	Tuesday	5:30-7:00 pm	\$105 / 5 week class

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Visit the Volleyshop to purchase the **REQUIRED** GLCYA apparel for the 2021-2022 season: <http://volleyshopglc.com/teams/glcya/>



GLCYA Level 2

5th-6th Grade Girls



This is the level where repetitive skill training begins to reinforce muscle memory so players can begin to execute and repeat skills at an elite level. Players at this level will play in a 6 vs. 6 competitive environment as they work to master ball control, setting and attacking skills.

Session #1

Practice Day

Time

Cost (does not include apparel)

September 12th, 19th, 26th, October 3rd, and 10th	Sunday	4:00-6:00pm	\$130 / 5 week class
September 13th, 20th, 27th, October 4th, and 11th	Monday	5:30-7:30 pm	\$130 / 5 week class
September 14th, 21st, 28th, October 5th, and 12th	Tuesday	5:30-7:30 pm	\$130 / 5 week class

Register at <https://greatlakescenter.sportngin.com/register/form/770595623>

Session #2

Practice Day

Time

Cost (does not include apparel)

October 24th, November 7th, 14th, 21st (No class 10/31)	Sunday	4:00-6:00 pm	\$105 / 4 week class
October 25th, November 1st, 8th, 15th and 22nd	Monday	5:30-7:30 pm	\$130 / 5 week class
October 26th, November 2nd, 9th, 16th, and 23rd	Tuesday	5:30-7:30 pm	\$130 / 5 week class

Register at <https://greatlakescenter.sportngin.com/register/form/770595623>

GLCYA Elite Tryout

Time

Cost

Sunday, December 5th	2:00-4:00pm	\$25
Sunday, December 12th	2:00-4:00pm	\$25

Register at <https://greatlakescenter.sportngin.com/register/form/770595623>

GLCYA Elite Tryouts are for any 6th grader or highly skilled 5th grader interested in being apart of our GLCYA Elite program. We will still be offering the normal GLCYA Winter and Spring seasons offering a 1 and 2 day a week option that are non tryout.

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