

2021 SPVB Summer Camps

Benedictine University (BU), Held at the Great Lakes Center

579 N Oakhurst Drive, Aurora, IL

Page 3 has individual session times for each camp

Overnight Campers Information

- This camp will be held at the Great Lakes Center, 579 N Oakhurst Drive
- There are no overnight options for this camp for this year

Commuter Campers Information

- This camp will be held at the Great Lakes Center, 579 N Oakhurst Drive
- Check-in at gym between 1:30-1:45 on first day of camp
- No meals or housing are included in registration fee
- You may bring a lunch/dinner and eat it in the gym, outside, or in the cafeteria with the other campers
- You can purchase your meals at the cafeteria each meal (cash only)
- Gym is air-conditioned
- You are free to leave the gym between each session
- Coaches are not responsible for campers in-between sessions
- Parents are free to stay and watch camp sessions if they wish
- If you are in need of a hotel in the area we recommend the SpringHill Suites, 4305 Weaver Parkway, Naperville, IL 60555 630-393-0400
- There is no shuttle service provided to pick up campers from airports. If you need assistance in getting from the airport (either Midway or O'Hare) you can contact the following companies directly: GO Airport Express 888-284-3826 or American Limo 888-876-2154
- Grades listed below are the grades the camp will be geared towards. Younger athletes may attend an older camp; however, please note that we will not slow down the camp to adapt for younger athletes. No refunds will be given for athletes registering and attending an older camp.



What to bring

- T-shirts (recommend one for each session)
- Shorts/Spandex
- Socks/Volleyball Shoes/Kneepads
- Large Water Bottle

7-Day Camp Schedules (ILBU6 – Setting Academy 1)			
	<u>Day 1 of Camp</u>	<u>Days 2-6 of Camp</u>	<u>Day 7 of Camp</u>
Gym Session		9:00-11:30am	9:00am-12:00pm
Lunch (Not provided)		11:30am-1:00pm	
Gym Session	2:00-4:30pm	1:00-3:30pm	
Dinner (Not provided)	4:30-7:00pm	3:30pm-5:00pm	
Gym Session	7:00-9:00pm	5:00-7:00pm	

5-Day Camp Schedules (ILBU1-Setting Academy 1; ILBU2 -1st Contact Academy; ILBU3-Setting Academy 2)			
	<u>Day 1 of Camp</u>	<u>Days 2-4 of Camp</u>	<u>Day 5 of Camp</u>
Gym Session		9:00-11:30am	9:00am-12:00pm
Lunch (Not provided)		11:30am-1:00pm	
Gym Session	2:00-4:30pm	1:00-3:30pm	
Dinner (Not provided)	4:30-7:00pm	3:30pm-5:00pm	
Gym Session	7:00-9:00pm	5:00-7:00pm	

3-Day Camp Schedules (ILBU4-Attack, Block & Pass; ILBU5-Middle Blocker Academy)			
	<u>Day 1 of Camp</u>	<u>Day 2 of Camp</u>	<u>Day 3 of Camp</u>
Gym Session		9:00-11:30am	9:00am-12:00pm
Lunch (Not provided)		11:30am-1:00pm	
Gym Session	2:00-4:30pm	1:00-3:30pm	
Dinner (Not provided)	4:30-7:00pm	3:30pm-5:00pm	
Gym Session	7:00-9:00pm	5:00-7:00pm	

4-Day Camp Schedules (ILBU7 Collegiate Setting Academy; ILBU8 Collegiate 1st Contact Academy; ILBU9 High School 1st Contact Academy)			
	<u>Day 1 of Camp</u>	<u>Days 2-3 of Camp</u>	<u>Day 4 of Camp</u>
Gym Session		9:00-11:30am	9:00am-12:00pm
Lunch (Not provided)		11:30am-1:00pm	
Gym Session	2:00-4:30pm	1:00-3:30pm	
Dinner (Not provided)	4:30-7:00pm	3:30pm-5:00pm	
Gym Session	7:00-9:00pm	5:00-7:00pm	