

# 2020 SPVB Summer Camps

Florida Memorial University, 15800 NW 42nd Ave, Miami Gardens, FL

\*\*Page 3 has individual session times for each camp\*\*

## Overnight Campers Information

- Check-in at dorm on the first day of the camp between 7:30-8:30am for Setting Advanced/Intermediate and 1st Contact
- Check-in at dorm on the first day of the camp between 9:00-10:00am for Setting Developmental and Attack/Block/Pass
- We do not yet know exactly which dorm our campers and staff will be staying in. As soon as we do find out we will update this information
- Roommate assignments will be given at check-in
- We do our best to honor all roommate requests but may not be able to honor all of them
- If you did not request a roommate we will assign one for you while focusing on finding a similar-aged camper
- Coaches stay in the dorms and act as chaperones
- Room checks are performed by a coach each night
- All overnight campers are required to stay on campus at all times
- Coaches will escort the overnight campers to and from gym sessions to the cafeteria
- Meals are included in registration cost
- First meal served will be lunch on the first day of the camp; last meal is breakfast on the last day of the camp
- All sessions will take place in gyms
- Grades listed are the grades the camp will be geared towards. Younger athletes may attend an older camp; however, please note that we will not slow down the camp to adapt for younger athletes. No refunds will be given for athletes registering and attending an older camp
- Parents are free to watch camp sessions if they wish
- Only campers and coaches for the specific camp are allowed to stay in the dorm on campus



## What to pack/bring

- Bedding for a Twin XL bed (sheets, blanket, pillow, etc)
- Towels, shampoo, toiletries, etc
- No fans are needed as dorms are air-conditioned
- Small refrigerator or Computer (no internet in rooms) (optional)
- T-Shirts (one per session recommended)
- Shorts, Spandex, Socks, Volleyball Shoes, Kneepads
- Large Water Bottle

## Commuter Campers Information

- Check-in at gym between 15 minutes before the first session
- No meals or housing are included in registration fee
- You may bring a lunch/dinner and eat it in the gym, outside, or in the cafeteria with the other campers
- You can purchase your meals at the cafeteria each meal (cash only)
- All sessions will take place in a gym
- Grades listed are the grades the camp will be geared towards. Younger athletes may attend an older camp; however, please note that we will not slow down the camp to adapt for younger athletes. No refunds will be given for athletes registering and attending an older camp
- You are free to leave campus between each session
- Coaches are not responsible for campers in-between sessions
- Parents are free to stay and watch camp sessions if they wish

### What to bring

- T-shirts (recommend one for each session)
- Shorts/Spandex
- Socks/Volleyball Shoes/Kneepads
- Large Water Bottle

<b>Camp Schedules for FL1 (Setting Advanced/Intermediate) and FL3 (1st Contact)</b>			
	July 15th Schedule	July 16th & 17th Schedule	July 18th Schedule
Breakfast		7:00-8:00am	7:00-8:00am
Gym Session	9:00-10:30am	8:00-10:00am	8:00-10:00am
Lunch	12:00-1:00pm	12:00-1:00pm	
Gym Session	1:00-3:00pm	1:00-3:00pm	
Dinner	5:00-6:00pm	5:00-6:00pm	
Gym Session	6:00-8:00pm	6:00-8:00pm	
Room Checks	10:00pm	10:00pm	
Lights Out	10:30pm	10:30pm	

<b>Camp Schedules for FL2 (Setting Developmental) and FL4 (Attack, Block &amp; Pass)</b>			
	July 15th Schedule	July 16th & 17th Schedule	July 18th Schedule
Breakfast		7:00-8:00am	7:00-8:00am
Gym Session	10:30am-12:00pm	10:00am-12:00pm	10:00am-12:00pm
Lunch	12:00-1:00pm	12:00-1:00pm	
Gym Session	3:00-5:00pm	3:00-5:00pm	
Dinner	5:00-6:00pm	5:00-6:00pm	
Gym Session	8:00-10:00pm	8:00-10:00pm	
Room Checks	11:00pm	11:00pm	
Lights Out	11:15pm	11:15pm	

Updated 2/4/20