

2021 SPVB Summer Camps

Florida Memorial University, 15800 NW 42nd Ave, Miami Gardens, FL

Page 3 has individual session times for each camp

Overnight Campers Information

- Check-in at dorm on the first day of the camp between 10:00am-12:00pm
- We do not yet know exactly which dorm our campers and staff will be staying in. As soon as we do find out we will update this information
- Roommate assignments will be given at check-in
- We do our best to honor all roommate requests but may not be able to honor all of them
- If you did not request a roommate we will assign one for you while focusing on finding a similar-aged camper
- Coaches stay in the dorms and act as chaperones
- Room checks are performed by a coach each night
- All overnight campers are required to stay on campus at all times
- Coaches will escort the overnight campers to and from gym sessions to the cafeteria
- Meals are included in registration cost
- First meal served will be lunch on the first day of the camp; last meal is breakfast on the last day of the camp
- All sessions will take place in gyms
- Grades listed are the grades the camp will be geared towards. Younger athletes may attend an older camp; however, please note that we will not slow down the camp to adapt for younger athletes. No refunds will be given for athletes registering and attending an older camp
- Parents are free to watch camp sessions if they wish
- Only campers and coaches for the specific camp are allowed to stay in the dorm on campus



What to pack/bring

- Bedding for a Twin XL bed (sheets, blanket, pillow, etc)
- Towels, shampoo, toiletries, etc
- No fans are needed as dorms are air-conditioned
- Small refrigerator or Computer (no internet in rooms) (optional)
- T-Shirts (one per session recommended)
- Shorts, Spandex, Socks, Volleyball Shoes, Kneepads
- Large Water Bottle

Commuter Campers Information

- Check-in at gym between 15 minutes before the first session
- No meals or housing are included in registration fee
- You may bring a lunch/dinner and eat it in the gym, outside, or in the cafeteria with the other campers
- You can purchase your meals at the cafeteria each meal (cash only)
- All sessions will take place in a gym
- Grades listed are the grades the camp will be geared towards. Younger athletes may attend an older camp; however, please note that we will not slow down the camp to adapt for younger athletes. No refunds will be given for athletes registering and attending an older camp
- You are free to leave campus between each session
- Coaches are not responsible for campers in-between sessions
- Parents are free to stay and watch camp sessions if they wish

What to bring

- T-shirts (recommend one for each session)
- Shorts/Spandex
- Socks/Volleyball Shoes/Kneepads
- Large Water Bottle

| Camp Schedules for FLMU1 (Elite Setting) and FLMU3 (1st Contact) | | | |
|---|--------------------|---------------------------|--------------------|
| | July 21st Schedule | July 22nd & 23rd Schedule | July 24th Schedule |
| Breakfast | | 7:00-8:00am | 7:00-8:00am |
| Gym Session | | 8:00-10:00am | 8:00-10:00am |
| Lunch | | 12:00-1:00pm | |
| Gym Session | 1:00-3:00pm | 1:00-3:00pm | |
| Dinner | 5:00-6:00pm | 5:00-6:00pm | |
| Gym Session | 6:00-8:00pm | 6:00-8:00pm | |
| Room Checks | 10:00pm | 10:00pm | |
| Lights Out | 10:30pm | 10:30pm | |

| Camp Schedules for FLMU2 (Setting Development) and FLMU4 (Attack, Block, Pass & Serve) | | | |
|---|--------------------|---------------------------|--------------------|
| | July 21st Schedule | July 22nd & 23rd Schedule | July 24th Schedule |
| Breakfast | | 7:00-8:00am | 7:00-8:00am |
| Gym Session | | 10:00am-12:00pm | 10:00am-12:00pm |
| Lunch | | 12:00-1:00pm | |
| Gym Session | 3:00-5:00pm | 3:00-5:00pm | |
| Dinner | 5:00-6:00pm | 5:00-6:00pm | |
| Gym Session | 8:00-10:00pm | 8:00-10:00pm | |
| Room Checks | 11:00pm | 11:00pm | |
| Lights Out | 11:15pm | 11:15pm | |

Updated 4/20/21