

2022 SPVB Summer Camps

SPVB Academy Series, Held at the Great Lakes Center (GLC)

579 N Oakhurst Drive, Aurora, IL

Page 2 has individual session times for each camp

- These camps are open to anyone; they are the most difficult camps for the highest level
- Facility is Air-Conditioned
- On the first day of camp please arrive 15 minutes prior to the first session to check-in
- There is nothing additional that you need to bring for check-in (i.e. physical form, etc)
- For lunch/dinner breaks you may bring food, buy from the deli on-site, or go out to lunch
- Grades listed below are the grades the camp will be geared towards. We ask that campers follow the grades and levels listed. Certain camps will require you to confirm the athlete's level to be able to register for the camp.
- If you are in need of a hotel in the area we recommend the SpringHill Suites, 4305 Weaver Parkway, Naperville, IL 60555 630-393-0400

What to bring/wear:

- T-Shirt (recommend bringing a new one for each session)
- Shorts, Spandex, Kneepads and volleyball shoes
- Water bottle with your name on it
- Money if you want to purchase food at the deli
- Great Attitude!



"A Commitment to Excellence"

7-Day Camp Schedule (ILSP6 – Setting Academy)			
	<u>Day 1 of Camp</u>	<u>Days 2-6 of Camp</u>	<u>Day 7 of Camp</u>
Gym Session		9:00-11:30am	9:00am-11:30am
Lunch (Not provided)		11:30am-1:00pm	
Gym Session	2:00-4:30pm	1:00-3:30pm	
Dinner (Not provided)	4:30-6:00pm	3:30pm-5:00pm	
Gym Session	6:00-8:00pm	5:00-7:00pm	

5-Day Camp Schedules (ILSP1-Setting Academy; ILSP2 -1st Contact Academy; ILSP3-Setting Intermediate)			
	<u>Day 1 of Camp</u>	<u>Days 2-4 of Camp</u>	<u>Day 5 of Camp</u>
Gym Session		9:00-11:30am	9:00am-11:30am
Lunch (Not provided)		11:30am-1:00pm	
Gym Session	2:00-4:30pm	1:00-3:30pm	
Dinner (Not provided)	4:30-6:00pm	3:30pm-5:00pm	
Gym Session	6:00-8:00pm	5:00-7:00pm	

3-Day Camp Schedules (ILSP4-Attack, Pass & Serve; ILSP5-Middle Blocker)			
	<u>Day 1 of Camp</u>	<u>Day 2 of Camp</u>	<u>Day 3 of Camp</u>
Gym Session		9:00-11:30am	9:00am-11:30am
Lunch (Not provided)		11:30am-1:00pm	
Gym Session	2:00-4:30pm	1:00-3:30pm	
Dinner (Not provided)	4:30-6:00pm	3:30pm-5:00pm	
Gym Session	6:00-8:00pm	5:00-7:00pm	

4-Day Camp Schedules (ILSP7-Collegiate Setting; ILSP8-1st Contact; ILSP9-Collegiate 1st Contact)			
	<u>Day 1 of Camp</u>	<u>Days 2-3 of Camp</u>	<u>Day 4 of Camp</u>
Gym Session		9:00-11:30am	9:00am-11:30am
Lunch (Not provided)		11:30am-1:00pm	
Gym Session	2:00-4:30pm	1:00-3:30pm	
Dinner (Not provided)	4:30-6:00pm	3:30pm-5:00pm	
Gym Session	6:00-8:00pm	5:00-7:00pm	

