

2019 SPORTS PERFORMANCE Coaches School Workshop

APRIL 27-28, 2019

PRESENTED BY:

RICK BUTLER & CHERYL BUTLER

CO-DIRECTORS

TROY GILB

ASSOCIATE DIRECTOR

SPECIALISTS IN TRAINING YOUTH & JUNIOR
VOLLEYBALL ATHLETES

- ◆ 38 YEARS OF EXCELLENCE:
92 AAU/JVA/USAV AGE GROUP
CHAMPIONSHIPS
- ◆ 992 ALUMNI TO COLLEGIATE VOLLEYBALL
- ◆ SPORTS PERFORMANCE ALUMS HAVE
BEEN NAMED AVCA DIVISION I ALL-
AMERICAN ON 63 SEPARATE OCCASIONS
- ◆ FULL SESSION ON DEVELOPING THE
YOUTH VOLLEYBALL ATHLETE

TOPICS:

- ◆ MOVEMENT TRAINING
- ◆ SETTER DEVELOPMENT
- ◆ STATISTICS
- ◆ SCOUTING
- ◆ PHYSICAL TRAINING
- ◆ SERVING
- ◆ YOUTH DEVELOPMENT (K-8)
- ◆ ATTACKING (TECHNIQUE & TRAINING)
- ◆ BLOCKING (TECHNIQUE & TRAINING)
- ◆ OFFENSIVE SYSTEMS DEVELOPMENT
- ◆ DEFENSIVE SYSTEMS DEVELOPMENT
- ◆ COMPONENT & COMPETITION DRILLS

Great Lakes Center

579 N Oakhurst Dr
Aurora, IL 60502

Register at:

www.GreatLakesCenter.com

Questions?

Luke Stapleton

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630-898-6400

Saturday April 27th

Check-In: 8:30 AM

Session 1: 9 AM - 12:30 PM

12:30 - 1:30 PM (lunch provided)

Session 2: 1:30 - 5:30 PM

Sunday April 28th

9 AM - 1 PM

Cost: \$200 per coach (or)

\$150 per coach with 3+

coaches from same club/school